



KENDALL COUNTY HEALTH DEPARTMENT

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Public Health
Prevent. Promote. Protect.

Food Labeling Requirements

Proper food labels are required for any foods that are **packaged** for customers to take as they choose. If food is prepared TO ORDER (eg. deli counter items sliced for a customer request, or donuts packaged at time of sale) it does not require the label as directed below. Labels can be made or put on packaging with any safe material, including computer printed, hand-written, or professionally prepared. **Additional safe handling instructions and labeling requirements apply to raw meat, poultry, and seafood products, ask your Environmental Health Specialist for more information.**

3-602.11 Food Labels.

Labeling

(A) **FOOD PACKAGED in a FOOD ESTABLISHMENT, shall be labeled** as specified in LAW, including 21 CFR 101 - Food labeling, and 9 CFR 317 Labeling, marking devices, and containers.

(B) Label information shall include:

- (1) The **common name of the FOOD**, or absent a common name, an adequately descriptive identity statement;
- (2) If made from two or more ingredients, **a list of ingredients and sub-ingredients in descending order of predominance by weight**, including a declaration of artificial colors, artificial flavors and chemical preservatives, if contained in the FOOD;
- (3) An accurate declaration of the **net quantity of contents**;
- (4) The **name and place of business** of the manufacturer, packer, or distributor; and
- (5) The name of the FOOD source for each **MAJOR FOOD ALLERGEN** contained in the FOOD unless the FOOD source is already part of the common or usual name of the respective ingredient **(eg. If it has milk as an ingredient, you don't have to declare milk as an allergen. However, it is still good practice.) Major food allergens include:**

- Milk
- Eggs
- Fish (e.g., bass, flounder, cod)
- Crustacean shellfish (e.g., crab, lobster, shrimp)
- Tree nuts (e.g., almonds, walnuts, pecans)
- Peanuts
- Wheat
- Soybeans

Label Example:

Peanut Butter Cookies

Peanut butter, butter, sugar, wheat flour, egg, salt, baking soda, baking powder, vanilla

Net Wt. 5.5 oz (156 g)

Prepared at:

Granny's Gas and Fill
1234 Route 34, Oswego, IL 60543
630-554-1111

Allergens: Peanuts, wheat, milk, egg