



SENIOR SUPPORT GROUP



Do you want to meet new people?
Do you want to learn a new skill?
Do you need support?
Please join us!

Healthy social support, connectedness, and a sense of purpose are very important components of overall wellbeing. The goal of the Senior Support Group is to promote neighborly support for each other, develop healthy connections, and provide psychosocial educational opportunities to seniors in Kendall County. Members will meet at the Health Department one time per month, offering participants a chance to connect, learn and support each other. For further information or questions, please call the Health Department at (630)553-9100.

KENDALL COUNTY HEALTH DEPARTMENT

Meetings will be held on
the second Wednesday
each month at 11:00 am

811 W. John St.
Yorkville, IL 60560
(630)553-9100



KENDALL COUNTY
HEALTH DEPARTMENT

www.kendallhealth.org



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