

Freedom From Smoking®



Rush Copley is proud to offer Freedom From Smoking®, a seven-week, eight-session program sponsored by the American Lung Association. Sessions are lead by a certified facilitator.

Learn how to overcome your tobacco addiction so you can start enjoying the benefits of better health.

- Small group setting
- Fun, interactive learning environment
- Participant workbook
- 30-day pass to Rush Copley Healthplex

2018 Program Start Dates

January 8
April 2
September 10
November 5

Cost: \$20, refundable upon completion of program.

Time: 6:30 to 8 p.m.

Location: Waterford Place
Cancer Resource Center
1310 Waterford Drive
Aurora, IL 60504

To register for this program visit rushcopley.com or call 866-4COPLEY (1-866-426-7539).

 **RUSH**
Rush Copley Medical Center

 **AMERICAN
LUNG
ASSOCIATION®**

FREEDOM 
FROM SMOKING®