

Freedom From Smoking®



Rush Copley is proud to offer Freedom From Smoking®, a seven-week, eight-session program sponsored by the American Lung Association. Sessions are lead by a certified facilitator that preps you for quit day (week 4) and provides support throughout the program.

Learn how to overcome your tobacco addiction so you can start enjoying the benefits of better health.

- Small group setting
- Fun, interactive learning environment
- Participant workbook
- 30-day pass to Rush Copley Healthplex

2019 Program Dates

January 7 – February 18

April 8 – May 20

September 9 – October 21

November 4 – December 16

Cost: \$20, refundable upon completion of program.

Time: 6:30 to 8 p.m.

Location: Waterford Place
Cancer Resource Center
1310 Waterford Drive
Aurora, IL 60504

To register for this program visit rushcopley.com or call 866-4COPLEY (1-866-426-7539).

 **RUSH**
Rush Copley Medical Center

 **AMERICAN
LUNG
ASSOCIATION®**

FREEDOM 
FROM SMOKING®