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Coronavirus Disease Update for Kendall County

The Kendall County Health Department (KCHD) is reporting cases of coronavirus disease (COVID19) at 211 and persons in-recovery at 121.

Running Essential Errands

As we take steps to slow the spread of COVID-19 by limiting close contact, people are facing new challenges and questions about how to meet basic household needs, such as buying groceries and medicine, pumping gas, seeing the doctor, and completing banking activities. Below are a few ways you can run errands in a safe and healthy manner:

- Avoid running errands if you or a household member are sick or have symptoms of COVID-19
- Communicate with your primary care physician's office by telephone
- Order food and other items online for home delivery or curbside pickup (if possible)
- Disinfect the shopping cart prior to use
- Stay at least 6 feet away from others while shopping and in lines
- Use hand sanitizer right after paying
- Cover your mouth and nose with a cloth face covering when are running errands
- Run errands during hours when fewer people will be out
- Consider using gloves to pump gas
- Whenever possible, use touchless payment
- After leaving the store, doctors office or gas station, use hand sanitizer
- When you get home, wash your hands with soap and water for at least 20 seconds

If you are at higher risk from COVID-19 because of your age or because of a complex health condition, it is all the more important for you to take actions to reduce your risk.

Please continue to go to our website to keep in touch with this evolving situation. For more information on COVID-19, please visit these informational sites:

- ➢ Kendall County Health Department Coronavirus Page
- ➢ Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE real time map
- ➢ Please enjoy this inspiring example of youth social distancing

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