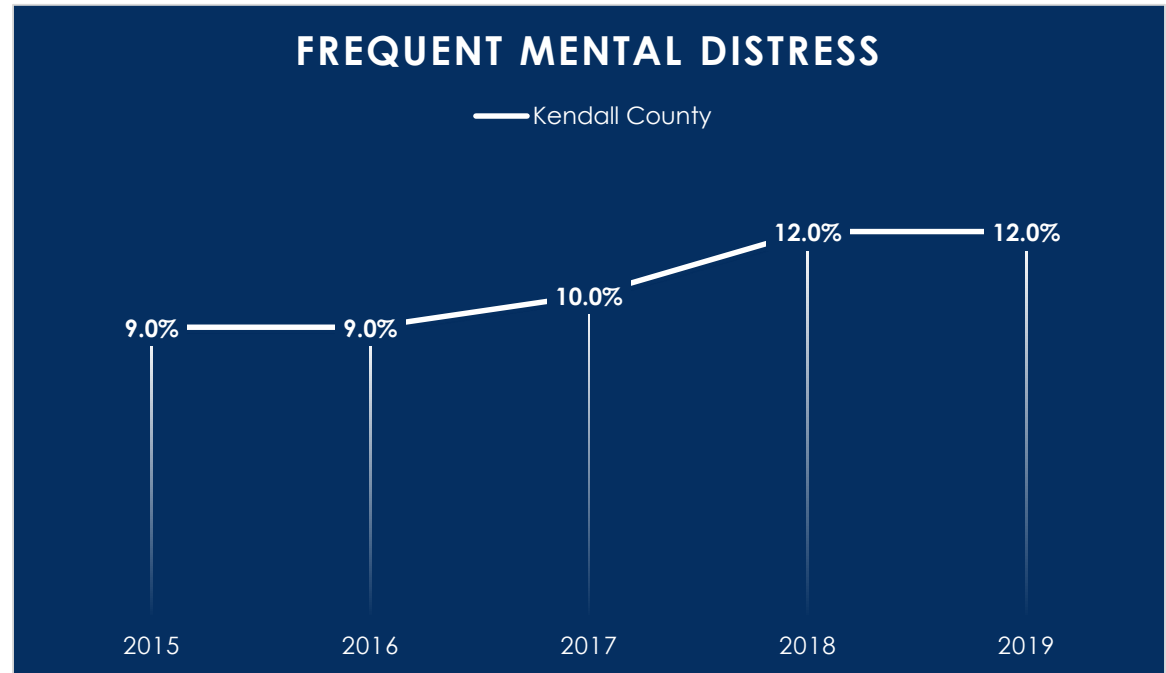


Frequent Mental Distress

MEASUREMENT PERIOD: 2019

This indicator shows the percentage of adults reporting 14 or more days of poor mental health per month (age-adjusted).



KENDALL VALUE

12%



ILLINOIS VALUE

13%



PRIOR YEAR
VALUE

12%

Source: [Behavioral Risk Factor Surveillance System](#)
Maintained by: Kendall County Health Department
Last update: 07/2022